



**University of the Third Age**  
**The Age of Active Retirement: People Exchanging Knowledge**

## **Newsletter September 2024**

**Welcome to this September newsletter**

**Our next meeting will be on Monday 16 September 2024**

**Mt Pleasant Community Centre, 3 McCormacks Bay Road, Christchurch.**

**10-10.20am: Social time in the foyer.**

**Meeting starts in the main hall at 10.30am.**

**Our guest speaker will be Alison Walls, Art Director at the Court Theatre.**

### **MESSAGE FROM THE PRESIDENT**



Pegasus U3A is a very successful group and, over the last 22 years, has grown to become the 2<sup>nd</sup> largest U3A in Canterbury. We have 250 members and another 51 are waiting to become members. It can take one or two years, sometimes more, before people on the waiting list can become members. Your committee believes this is too long. As a result, we live with an uncomfortable truth. If all the current members (250) came along to our monthly meetings, we would have to send 130 members home due to our limited seating capacity. Twice this year we have exceeded the Mt Pleasant hall's capacity.

A subcommittee (Christine Toner, Sue Beardsley, and Roger Chapman) has been looking for a solution to this problem. First, an analysis was conducted to establish where our members live. 65 per cent are clustered around Sumner, Redcliffs, and Mt Pleasant, and most others come from Opawa, Halswell and Lyttelton. A smaller number live as far away as Marshland and Middleton. The sub-committee contacted 19 halls and finally found St Mark's Church on Opawa Road. It is a beautifully restored building, seating 240; it has plenty of parking. It is equipped with state-of-the-art

audiovisual equipment. There is modern heating, kitchen and bathroom facilities. We have tested the time it takes to drive from Mt. Pleasant Community Centre to the Church. It takes 10 minutes. If we decide to move to this location, we need to change the day of our meeting from the third Monday of the month to the third Tuesday of the month. Changes like that can be a bit difficult or frustrating, especially if you have other activities that are outside of U3A. However, in order to be able to ensure we can accommodate more members at our monthly meeting, we are asking you to reschedule an hour or so of your time per month.

We would like to hear from our members because this is an important issue. Do you agree with our suggestion? We would be grateful if you can send us an email to [u3apegasus@protonmail.com](mailto:u3apegasus@protonmail.com) before 4 October when your committee meets again.

*Jorgen Schousboe*

## LATEST NEWS & UPDATES

- The special refresher driving course for people over 65, organised by Age Concern is now full and will be held on 24 October from 10am to 2pm at the Mt Pleasant Community Centre upstairs. Contact Yvonne Boulton for any further inquiries on 021 442 275.
- 6pm Thursday 19 September: Rolleston Lecture Theatre University of Otago Christchurch Campus. Prof Parry Guilford & Assoc Prof Karyn Paringatai will give a free public talk on 'Finding a Genetic Cause for Stomach Cancer.'
- Mark your diaries for November and December. Errol Wood is our November speaker on the subject of Wool, Past, Present and Future. And at our end of year function in December, our speaker will be Sandra Arnold who will talk about the fascinating topic of Flash Fiction.

## GUEST SPEAKER



Our August speaker was Christine Garrie, who gave us a lively and most enthusiastic talk on the Canterbury Museum, progress to date and what it will look like when completed. The image on the left shows the new entrance and alterations to the external façade. Christine explained the lengthy renovation and rebuild programme over the next four years, with completion due in 2028. Using a scaled map and imagery on screen, she detailed what has been demolished and what is being kept, where the new build will be and how that is being achieved. Many of the existing exhibits will be retained including the whale, the tractor and other large artefacts and new ones will be constructed. Architect's drawings of the atrium and new exhibition space named Araiteuru are impressive. It will be a world class facility, according to Christine. At the same time, the Robert McDougall Art Gallery is being incorporated into the new Museum which is good news for those of us who remember the Gallery and its history. (Robert

McDougall, a Christchurch philanthropist donated £25,000 to build the art gallery in 1932. He and his wife Malvina were generous supporters of the arts in the city at the time.)

The Museum has a superb new website for anyone interested in watching progress

[www.canterburymuseum.com](http://www.canterburymuseum.com)

## INTEREST GROUPS' UPDATES

### Adventures in Travel



Our August meeting took us up to Japan in Autumn on a tour that started in Osaka, ended in Tokyo and went as far south as Miyajima and north up to Kanazawa and Takayama. Lyn took us on a tour of castles – Himeji, Matsumoto and Osaka – wooden, very steep staircases traversing 6-8 floors, most dating from the 1500s (buildings used for storage or siege – so different from British and European castles). Beautiful Buddhist temples (where people went to pray – again so different from our secular society) and Shinto shrines (where young children are taken to be blessed – dressed in traditional Japanese dress); the exquisitely presented food with every item having its own bowl; a glimpse into culture with a tea ceremony, teenagers attending an outdoor Cosplay event (many dressed in anime characters); and of course gardens with the traditional pond, fish, and bridge. Many of the gardens were being prepared for winter with long poles being installed to prevent trees being broken by

the weight of the snow. (Contributed by Lyn Russell.)

By complete contrast, our September meeting was a fascinating lecture on the ancient history of Crete dating back many centuries. We watched one of the DVDs U3A Pegasus owns which explores Greece in depth with an expert lecturer. He explained the history of Knossos (above) from the Bronze Age, a major centre of the Minoan civilization. Several of

our members have been to both countries and it was very interesting and worthwhile to be immersed in the spectacular Cretan history.

### Art Appreciation

In July, we went to the National Gallery at 249 Moorhouse Ave to see the exhibition by Christchurch artist Julia Holderness, a young woman with a bright future whose works delighted and inspired us. The highlight was her unexpected arrival and her genuine delight in meeting us and discussing her



works. (pictured left with Lyn Russell and Beth Bradley.

Julia's artistry spans paintings, collage, pottery, and notes as part of her 'Return to Villa Margaux' in the South of France and her fictional character Florence Weir, reminiscent of Frances Hodgkins.

Pictured left is one of Julia's colourful collages in the subtle, muted colours she favours. Julia has a studio in Somerfield and has a current exhibition in Auckland at the Sanderson Gallery.

(Contributed by Helen Harkness.)



In August, after meeting at the Atawhai café, we walked to the Central Art Gallery in the Arts Centre where it was arranged the attendant would give us a background to Peter Wheeler's 'How to Slay a Dragon' and Zara Dolan's 'Chroma', especially how she creates her



monotype prints.

Canterbury born Peter Wheeler lived in Berlin for ten years (see left) and was described as having a fascination with life and death in both dark and bright colours. But, by way of contrast this exhibition was in pastel shades, in particular pinks, very different. Irish born Zara Dolan is based in Christchurch. Her monotype prints differ from



other forms of printmaking in that they produce one single image, each being unique. The paper will go through the

printing press several times with multiple layers of ink applied to the printing plate with 2 week gaps to allow for drying when some of the ink may be lifted off the paper. The resultant print is three dimensional with a pleasing flow. See image above right. ( Contributed by Helen Harkness.)

## Book Discussion Group



In August, our book was one of John le Carré's autobiographies 'The Pigeon Tunnel' published in 2016 and then made into a documentary (Apple TV). According to the Guardian's reviewer, the reader 'encounters a powerfully divided self, a narrative magician who is both thrilled by his dazzling inventions and yet infuriated by the inhibitions imposed thereby. Le Carré wants to be hailed as a great writer but David Cornwell (the author's real name) who is steeped in German romantic literature, knows that his craft will always be patronized by the 'commentariat.' The Guardian went on to say that none of this would matter much to his devoted fans who would encounter a natural storyteller 'doing what he does best, and marvel he can still work his magic at aged 84. Forget the literary critical crossfire, the reviewer says, there's a body of work underpinning this memoir that has given British readers a story for our times. Astonishingly, he has gone this since 1963, when Harold Macmillan was still prime minister.'



So, based on that positive review, our U3A group were not so enthusiastic. In fact half the group either didn't get past the few pages, or didn't read it to the end. The other half were avid Le Carré or other spy novel fans. For the fans, the book was well written, impressive with the amount of research he did for his novels and they also commented how little he actually revealed of his personal life. The group agreed that Ronnie, his father, had impacted significantly on him and his actions. For the fans, the book rated 4.5. (Contributed by Kate Rawlings.)

## Coffee & Current Affairs



Last month, Judy Calder spearheaded the discussion based on an article relating to social theory and the potential for the western world to deteriorate into its 'late decadent phase' with the ruling hierarchy consists of the 'senile and the adolescent.' How much and to what extent might that be true? The article also commented on the

inaccuracy of Covid death figures which, although some of the group disputed the information, has been born out by recent NZ figures that suggest the death from Covid in NZ was not as high as had been first predicted. With the US elections creeping ever closer and more media focus on whether Trump or Harris will be the successor to Joe Biden, our group is ready for some great dialogue and perhaps some debate as to who might win in November.

## Canterbury History Group

### Our July Visitor: Richard Gardiner - Scaled Down – A World in Miniature

It was the Christchurch earthquakes of 2010/2011 that brought about a big change in the career of Richard Gardiner. Unhappy with the loss of so many heritage buildings and a concern for the protection of the heritage of our city, he began to design miniature replicas of houses and buildings that had been condemned. Previously head of art and design at Burnside High, he found this a challenging and demanding job, but was able to develop many skills along the way.



Richard at work building a replica



Oxford Terrace Baptist Church – built in 1881

Models are made from card, balsa and plastic and take many weeks or months to complete. Photographs and architectural plans also provide good information. “The most difficult part of the model is the roof,” he said. “If I don't get the measurements and angles exactly right, then it won't fit on top of the building.” At times he even climbed up on the roofs of some rather doubtful, munted buildings and examined how the shapes worked. The development of drones will now make this a much less dangerous challenge.

**McLeans Mansion**, New Zealand's biggest timber house, in Manchester Street, proved to be quite a challenge for Richard to design and build in replica. The roof of this property was most difficult and required a rooftop visit. The original house was called Holly Lea and was built in the 1850s. It was designed by the England Brothers for Allan McLean, a Scotsman. This large property of fifty three rooms, was lived in by just two people - the owner and his house-keeper. (Still under earthquake repairs, we await a possible visit in the not too distant future).

One design task Richard set for his senior students involved a lengthy design challenge – create a model by following a project through from concept development to production. He set the task on a Monday morning and gave his class a week to complete the work. One student said that she would have it completed by the following morning. He promised her a pair of shoes if she could achieve that goal. She did and he had to set to work to keep his word. From two old cocacola cans he created a magnificent pair of silver high heeled elegance and gifted them to her. Now designing in London, this ex-student of his is taking advantage of the many opportunities to use her design talents.

This was a fascinating story to hear and we were pleased to see a number of completed models, carefully displayed in glass cases, that were brought for us to see. (Contributed by Judy Calder.)



### Our August Visit: St Marks Anglican Church in Opawa.

The old wooden church that originally stood on this site was built in 1865 to seat 200 people. Designed by Mountfort and Bury, this Gothic style building was built of wood and served the congregation for many years. People gathered and a congregation was established that flourished. Later church records show that by the late 1800s, “backsliding” was being reported. Some people were regularly late to church, there were niggles about attendance, arguments about which hymn book to use, heated discussions about ladies not having any voice in management and the struggling state of the parish when only 98 coins were offered from the 140 persons in attendance.

As time passed, the core members remained active although the incumbent Vicar felt the whole congregation needed to be more involved and the parish to be more active. At one meeting in 1949,



Viewing the interior of the new addition – St Anne's Chapel.

the Vicar was heard to say quite frivolously, *“If anything happened, like the church burning down, it would probably wake the parish up.”* And three months later, that was exactly what happened. A neighbour called the fire brigade at 3am and then hurriedly knocked on the Vicar's door who managed to race into the fast burning wooden church building and save the brass altar cross, the candlesticks, the lectern and the church records. *“The effect in the parish was electrical,”* said the

Vicar. "It woke everyone up." But how the fire started and who did the deed, was never solved. The replacement building was constructed in stone and completed in 1953.

The 2010/2011 earthquakes resulted in considerable damage to the building. Repairs took a number of years to complete, but the exterior of the building remained much as the original plans dictated. Insurance cover was not sufficient to complete the repairs, so an agreement was made that the nearby St Anne's Church in Centaurus Road, St Martins, should be sold to complete payment for the rebuild. The incorporation of a small chapel, seating 30 people, into the Opawa church was created by an extension to the north into the car park. The cross that was rescued from St Anne's is now an impressive feature of the new chapel.

Christchurch held its annual heritage festival in May of this year. Fifty buildings were open to the public and St Marks was part of this display. The architect for the restoration of this church led a tour and explained about the melding of traditional and modern forms to complete St Marks. With thanks to Warden Anna Wilson for her explanations about the church and its restoration.

(Contributed by Judy Calder.)

### **September 2024: Our Visit to St Albans Cottages and Local School**

#### **A Two-storeyed character old cottage, renovated with style.**



Our Walkabout began in Sheppard Place. Following our guide Michael Williams, we were on the lookout for some of the early cottages built in the late 1800s. Gradually over time they are disappearing and being replaced by modern blocks of apartments. But we did discover some absolute delights,

where the owners had taken a real pride in restoring and maintaining the important history of these homes. These one and two storeyed houses were well maintained, with pretty gardens, white picket fences, and clean, fresh exterior paint work. It was fascinating to hear Jane Cowan-Harris tell of her many years living near the school, especially when her young son heard the bell ringing while he was still in bed.

In Springfield Road, we were surprised to find that another school once occupied the land which is now used as a church building. Strangely built as a WW1 war memorial, Victory School opened in 1922 to provide classes for primary aged children. But when its roll dropped from 120 to 55 pupils it was closed and the building went through a number of changes of ownership and use.

We then went to St Albans School. We traipsed into the staffroom where the Principal talked about the present and the future vision for this 1873 school. As children progress from Year 1 to Year 6, there are now only two intakes each term. Instead of children arriving on their 5<sup>th</sup> birthday, this





different approach allows small groups of children, who know each other from pre-school, to start with some degree of familiarity of friends. Michael then explained how education appears to have gone in cycles of changes during the many years of his teaching experience. And so it was. From single cell class rooms which our age group all experienced, to open plan schools to

Tomorrow's Schools with Boards of Trustees, to a major focus on new maths, to a **Modern Learning Environment** with its large open classroom spaces, we acknowledged that major changes seemed to happen at regular intervals throughout education. St Albans School was an early uptake of the **MLE** approach and quickly developed and actioned plans to take down interior classroom walls and make large, open spaces where up to 90 children could gather together as a 'class.' Teachers were expected to pair up and work together in groups and there was much movement.



But what did we discover? Now walls are re-appearing as single cell classrooms to provide a more conducive environment for teaching and learning. Plus there were individual desks, set in straight rows, with children facing the front and ready to look at the teacher! Wow! What an exciting morning we had as we toured around. A real plus was to see the delightful classrooms, the cheerful teachers, the pleasant children and a playground full of children having brief, but active breaks outdoors between lessons. A morning well spent, we thought. (Contributed by Judy Calder.)

### Cycling Group



low cloud, we all enjoyed the ride, the birdlife along the way, including black swans as well as the ubiquitous Canada Geese, the great coffee and food at Dune Café in South Brighton and, of course, the company! This track is still a bit bumpy in places,

Six hardy cyclists braved a rather bleak July day to bike into town initially, then off down the track from the city centre to New Brighton, following the river. Despite the



with some of the roads in the red zone being full of potholes, or on this day, also puddles. However, it's all part of the journey and the scenery along the river is always interesting including seeing where the Council is starting to build up higher banks to reduce flood damage. (Contributed by Jane Cowan-Harris)

In August, the original plan was to meet at Scott Park at 9.30 and bike to Godley Head via Sumner and Evans Pass, have a stop at Scarborough Café on the return trip and back to Scott Park via the Coastal Pathway, with a no hills option leaving Scott Park an hour later and go direct to Scarborough Café to meet the others.

The day before, doing a Summit Road ride, I was confronted with a large Road Closed sign for the Godley Head road, and after checking with the crew nearby whether that meant no bikes too (it did), I realised a change of plan was needed. The new plan was to still meet at Scott Park, see who turned up then either go up to the summit road another way or do a no hills Parks and Rivers loop then Coastal Pathway to Scarborough.

Four people turned up for the ride, Jane Cowan-Harris, John Christensen, Chris Kitson, and me. We all liked hill rides so chose to go all the way up Mt Pleasant Road to the summit road (it's the road option with the most even gradient), whizz down to Evans Pass then to Sumner and Scarborough for refreshments and then off back to our homes. Huge ups to Chris, who did it all with leg power only, we other three had e-power. It was a delightful ride, stunning views, kind winter weather, great company, and good food at the Café. A curious twist was to have a water pistol delivered with our food and hot drinks, for our defence. It proved handy as the local seagulls raided a scone from the table next to us.

Thank you everyone to those who turned up, and I recommend that the original plan is tried sometime in summer – the climb to Evans pass from Sumner is about half that of going to the Summit Road by any other route. (Contributed by Tim Lindley.)

### Garden Group



On 22 July a small group of members from the Garden Group braved the wet wintery day to meet in Sumner for a fruit tree pruning session. The garden owner has a 500sqm section that has 60 fruit trees of many varieties, including the Monty Surprise apple which contains a combination of phytonutrients that has additional health benefits. Look it up and you will be surprised at the research showing the cancer preventing benefits.

On the 29<sup>th</sup> we had our mid-winter lunch at Lynne Haslett's home. A great variety of finger food was brought along by members – so yummy. We had

brought along a photo of ourselves aged up to 10 years for a fun game – a degree of difficulty trying to decide who was whom! We had a small selection of flowers to enjoy and judge - wonderful for this time of year. A really lovely afternoon.



On 26 August the Group undertook a visit to Zealandia Wholesale Plant Nursery, in Belfast. A huge wholesale nursery with many large glasshouses – lucky for us, as again it was a rainy day and we were able to walk around the enterprise without getting wet. We watched the huge mixers combining the peat and other

fertilisers which make up the potting mix used, and the machines utilised to fill the seedling pots and load them onto trays. Hi-vis vests and booties worn and no straying into the growing areas in case of bacteria. They are seriously thinking about curtailing visiting groups because of the latest tomato disease in Australia. (Contributed by Lyn Russell.)



### Geology/Botany

#### 14 August: Snowdrop Garden and Lake Hood

After a beautiful drive to Ashburton alongside snowy mountains and brilliant yellow wattle trees we reached Prue Harper's snowdrop garden. She has specialised in snowdrops for over 30 years and has 300+ varieties of them which she imports from England. She told us how to propagate them by cutting each bulb into 8 pieces with part of the base on each. Then we were free to wander through her shady garden which had hundreds of clumps of them.



We had lunch there and then drove to Lake Hood. It is a man made lake and we were lucky to have David West to accompany us for the drive round it. He has been a prime mover in its existence since the idea was first mooted and he gave us a book about its history. The committee had over 10 years of obstacles to overcome and resource consents to get and but for the support of Ashburton citizens who raised \$5,000,000 it would not have happened. It is now a free centre for water sports of all kinds, picnic spots and waterside residences.

On 2 September, Paul Broady talked to us about Algae with the title 'The Good, the Bad and the Ugly.' Algae thrive on CO<sub>2</sub> forming a biological carbon pump, absorbing it and releasing oxygen. Blooms of phytoplankton of blue-green algae in our oceans produce 120,000,000,000 tonnes of oxygen a year. Blooms flourish where there are nutrients and warmth but can also produce toxins causing microcysts. Waihora has a toxin that affects the liver. Dogs are at risk. In the Marlborough Sounds blooms affect mussel crops forming toxins which cause paralysis. Plants evolved from green algae millions of years ago and compressed algae formed rocks and chalk. If we could harvest algae from the sewage ponds it could be used to make biofuel, but the earthquake destroyed that scheme. In Hawaii they harvest it to make health drinks like spirulina. So, algae can be both good and bad for us. We need to use this resource sensibly. (Contributed by Pat Whitman.)

### DVD Lecture Group

There are lots of opportunities for our members to discuss and learn about multiple topics of interest utilising the DVD sets we own. Yvonne Boulton who holds our sets, has formed a new group making full use of what is available. The group has not only watched several series including the Great Tours of France and currently Years that Changed History 1215, they have also watched The Legendary Cities which streams on Prime Video. We encourage other members to do the same. Contact Yvonne on Ph: 021442275 Email [yvonneboulton@xtra.co.nz](mailto:yvonneboulton@xtra.co.nz)

### Café Group

In August, we met at In Situ on Opawa Road. Some of our group hadn't been there before, so it was a new experience, with lots of lovely food and good coffee. As usual our group discussed a wide range of topics currently making the news. As usual opinions varied widely and the resulting conversation was most enjoyable. (Contributed by Jenny Long.)

### Scrabble Group



Scrabble is a favourite winter pastime – great for the mind and great to play. We continue to meet fortnightly at members' homes starting at 1.30pm on alternate Tuesdays. We welcome new members. Contact Alison Harrington for more information. (see convenor list at the end of the newsletter for Alison's contact details.)

### Writers' Group

The topic this month was to write about a significant birthday – maybe 40, 50, 60 or beyond, or as one of our group chose, the world's significant birthday when it changed from the 20<sup>th</sup> to the 21<sup>st</sup> century – Y2K. Recalling the specifics of the day, putting it into context, what happened and why, is an art in itself and important because it gives the writer and the reader the ability to better understand why it was special, if indeed it was. The group's challenge for next month is to write about food preparation, whether it is a meal or a particular vegetable, and in its context, therefore, an idea of the kitchen. For members who have been learning the techniques of memoir writing for more than a year now, they are going to begin the bigger task of creating the shape and style they want for their personal stories. (Contributed by Vivienne Allan).

### DVD Lecture and Documentary Groups

Committee member Yvonne Boulton has taken on the organising of the use of the DVD series that we own. We have sets of DVDs which cover a range of topics including France Through the Ages, the World's Best Paintings, The British Isles, Greece and Turkey, and many others. These sets are available at no cost to any group of members who wish to learn more about the topic. They are in sets of half hour lectures and people usually meet in member's homes at a mutually agreed date and time to watch the lectures and have a discussion about the topic. There are no sets being used currently. For more information about the DVDs, what they are, and how to activate a group, please contact Yvonne on 3844243 or Email [yvonneboulton@xtra.co.nz](mailto:yvonneboulton@xtra.co.nz)

### Update on Interest Groups

Caroline Carlton looks after the Interest Groups and liaises with convenors for information about meeting dates and times, and changes/updates to the groups' membership. The latest list of the full range of interest groups is listed at the end of this newsletter. You can contact any of the convenors if you wish for more information about a group that you are interested in joining. People on the waiting list are welcome to join an interest group in advance of their becoming full members. Contact Caroline: 02040395980 email: [carolinecarlton52@gmail.com](mailto:carolinecarlton52@gmail.com)

*In Memory of:*



*From time to time, a member of our U3A dies, and we want to thank them for their participation in our group, and remember them for their contribution. This month, we remember Don Perry and Diane Madgin. Don was an enthusiastic founder member who always sat in the front row with his wife Margaret and their great friends Geoff and Lyndsey Harrow. He was a regular member of the Geology/Botany Group. Diane was a member of the Book Group, a keen reader, gardener and writer.*

## CLUB DIRECTORY

<b>President:</b>	Jorgen Schousboe	Ph: 021 1443315	Email: <a href="mailto:jschousboe@gmail.com">jschousboe@gmail.com</a>
<b>Vice President:</b>			
<b>(Acting)</b>	Yvonne Boulton	Ph: 021442275	Email: <a href="mailto:yvonneboulton@xtra.co.nz">yvonneboulton@xtra.co.nz</a>
<b>Secretary:</b>	Pat Whitman	Ph: 384 3475	Email: <a href="mailto:patwandpate@gmail.com">patwandpate@gmail.com</a>
<b>Treasurer:</b>	Sue Beardsley	Ph: 0274 134 186	Email: <a href="mailto:sueandgrant21@gmail.com">sueandgrant21@gmail.com</a>
<b>Membership:</b>	Christine Toner	Ph: 0274339598	Email: <a href="mailto:christinetoner139@gmail.com">christinetoner139@gmail.com</a>
<b>Committee:</b>			
	Vivienne Allan	Ph: 0210679420	Email: <a href="mailto:ayndavar@outlook.com">ayndavar@outlook.com</a>
	Caroline Carlton	Ph: 02040395980	Email: <a href="mailto:carolinecarlton52@gmail.com">carolinecarlton52@gmail.com</a>
	Roger Chapman	Ph: 0275117440	Email: <a href="mailto:chapsnz@gmail.com">chapsnz@gmail.com</a>
	Paul Hammonds	Ph: 384 8117	Email: <a href="mailto:hphammonds@gmail.com">hphammonds@gmail.com</a>
	Lyn Russell	Ph: 021 2388 788	Email: <a href="mailto:nylrus1951@gmail.com">nylrus1951@gmail.com</a>

## INTEREST GROUP DETAILS

Below is the list of U3A Pegasus Interest Groups, their convenors and contact details. If you would like to join any of the groups, please contact the convenor.

<b>ADVENTURES IN TRAVEL</b>	Meets monthly in members' homes on 1 <sup>st</sup> Tuesday of the month at 3pm in members' homes. Contact Lyn Russell 021 2388 788 Email: <a href="mailto:nylrus1951@gmail.com">nylrus1951@gmail.com</a>
<b>ART APPRECIATION</b>	Meets monthly, 2 <sup>nd</sup> Friday of the month. Contact Helen Harkness Ph 384 2890 Email <a href="mailto:helenharkness294@gmail.com">helenharkness294@gmail.com</a>
<b>BOOK DISCUSSION</b>	Meets monthly after the U3A lecture, 3 <sup>rd</sup> Monday of the month in the Mt Pleasant Community Centre. Contact Mary Lynch email <a href="mailto:granmarylynch12@gmail.com">granmarylynch12@gmail.com</a> or Judy Eden <a href="mailto:edenjudith@xtra.co.nz">edenjudith@xtra.co.nz</a> (This group is now full.)
<b>CAFÉ GROUP</b>	Meets monthly, 2.30pm on Tuesday of the week following 3 <sup>rd</sup> Monday of the month. Contact Jenny Long <a href="mailto:jennylong@xtra.co.nz">jennylong@xtra.co.nz</a> 384 8463.
<b>CANTERBURY HISTORY</b>	Meets monthly, 2 <sup>nd</sup> Monday of the month. Contact Judy Calder Ph 384 1269 Email <a href="mailto:judycalder@hotmail.com">judycalder@hotmail.com</a>
<b>COFFEE &amp; CURRENT AFFAIRS</b>	Meets once a month on the second Thursday at 11am. Contact Vivienne Allan. 021 067 9420. (This group is now full.)
<b>CYCLING GROUP</b>	Meets monthly, 2 <sup>nd</sup> Wednesday. Contact Philippa Rendall Email <a href="mailto:Roper.rendall@gmail.com">Roper.rendall@gmail.com</a> Ph 3376360 Mob: 027 686 4126
<b>DVD INTEREST GROUP</b>	Lists of the DVDs are held by Yvonne Boulton. Contact her on Ph: 021442275 Email <a href="mailto:yvonneboulton@xtra.co.nz">yvonneboulton@xtra.co.nz</a> for more information.
<b>GARDEN GROUP</b>	Meets 4 <sup>th</sup> Monday of the month. A mixture of speakers, garden visits and 'tea & cuttings'. Contact: Gaynor Button Email: <a href="mailto:buttonmg@gmail.com">buttonmg@gmail.com</a>
<b>GEOLOGY/BOTANY</b>	Meets twice a month on 1 <sup>st</sup> Monday at Redcliffs Bowling Centre and 3 <sup>rd</sup> Wednesday for an outing. Contact Pat Whitman Ph 384 3475 Email <a href="mailto:patwandpate@gmail.com">patwandpate@gmail.com</a>
<b>INTEREST GROUPS</b>	Contact Caroline Carlton Email: <a href="mailto:carolinecarlton52@gmail.com">carolinecarlton52@gmail.com</a> Ph: 0204 039 5980
<b>SCRABBLE</b>	Meets fortnightly Tuesdays 1.30pm. Contact Alison Harrington Ph 022 307 4039 Email: <a href="mailto:alison.harrington@outlook.co.nz">alison.harrington@outlook.co.nz</a>
<b>WRITERS' GROUP</b>	Meets once a month on the second Thursday at 10am. Contact Vivienne Allan on 021 067 9420 or email <a href="mailto:ayndavar@outlook.com">ayndavar@outlook.com</a> (This group is now full.)

U3A Pegasus email address: [u3apegasus@protonmail.com](mailto:u3apegasus@protonmail.com)

U3A Pegasus website address: [www.u3apegasus.org.nz](http://www.u3apegasus.org.nz)